A YOUNG PERSON'S GUIDE TO BEECH TREE FARM



Hi

Welcome to Beech Tree Farm

If you have any questions about this guide, please ask Rachel the Home Manager and her friendly staff team who are looking forward to supporting you.



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THE HOME & STAFF TEAM

Beech Tree Farm is a 6-bedroom home, located in Morriston in Swansea. It is on a private lane and has a big garden, with lots of room for you play sports or enjoy some garden games. We love having plenty of BBQ 's and picnics in the summer.





The young people who stay at Beech Tree Farm can be aged between 5 - 19.

PLACES IN THE AREA -

You can get to Swansea with the support from staff and the homes vehicle.

Mumbles and the Gower peninsular are a short drive away as well as lots of beaches along the coast. We are also not too far away from the Brecon Beacons and Cardiff. We also have access to local bus and train routes.



There are lovely walks, parks, and sights to see. But if you prefer to spend some time indoors, we have lots of fun activities and crafts.

WASHING CLOTHES –

Laundry: there are facilities at Beech Tree Farm for you to do your laundry. Staff can support you to do this and you will have your own laundry basket.





THE STAFF TEAM -

Before you move in the staff will meet with you and your family or carer's so you can get to know us.



This is Rachel Pridmore, the home manager.

This is Tori, the deputy home manager.





This is Ellie, one of the two seniors here at Beech Tree Farm.

And this is Tony, another one of the seniors here at Beech Tree Farm.

You will also have a keyworker (or sometimes 2!) who will work with you closely and report back on your needs the whole team will help you to settle in and feel safe and remember there are no silly questions!

We can help you in areas that you need like:

Daily living skills

Life skills

Money handling

Hobbies and interests

Leisure activities

Religion

Life goals and aims.

There are support staff available at Beech Tree Farm 24 hours a day.

YOUR KEYWORKERS:

- Support you at your meetings.
- Monitor your health appointments Your key workers will sign you up to a doctor and dentist in the area and any other services you need.
- Review your plans with you and check all your wishes and goals are included.
- Write reports about how you are getting along.
- Help you to stay in contact with people who are important to you.
- Help you plan activities and complete a weekly planner which includes daily living skills but also fun activities that you enjoy too!
- Remember the whole team are here to support you with whatever you need.

HOME

HAVING YOUR SAY

We want you to be comfortable, happy and involved in the running of home.

So, we have:

- Monthly house meetings
- Monthly surveys, please let us know how.
 We can improve.
- Reviews
- Meetings with the manager
- You can go to these in person or attend via Skype, email, telephone.

YOUR BEDROOM -

Your bedroom is where you can keep all your belongings.

You may want to have your favourite colour on the walls or on your bedding, or put up your favourite photos, pictures. We can help with these when you feel ready. Your bedroom is your space where you can go to have some space or to go to play quietly if you want to and we will check from time to time to check you're okay.

When it is time to go to sleep, you can have staff time. This is when staff sit with you in your room to talk about your day, read a book or just spend time with staff.

We will have to look in your room every day to check that it is not too untidy and that your furniture is not broken. If your room needs a tidy up, we can help you. But please remember, ask if you need something or tell us if something is broken.

CLOTHING -



We will go in your bedroom to check to see if you need any new clothes, like new coat, socks, jumpers, trainers, shoes, or anything which you may need.

POCKET MONEY -

You will have pocket money on a Sunday. For you to have your pocket money we like to see if your bedroom is tidy. We will have a plan to say if you can have your pocket money in your hand, if not, staff will go with you to spend the money and put any money not spent in the office to save for you.



You can get £..... pocket money each week!

INCENTIVES -

When you move in, we will put together an incentive programme with you so that you have rewards and can celebrate by doing things you enjoy when you are doing well. You can earn,

Up to £7 on incentive.







EDUCATION

Your Social Worker will let us know where you go to school and if we will be taking you to and from your school.

BUT if you are not able to stay in your previous school, there are some things we will do while we are waiting to go to school. We help you keep busy in the day, like cooking cakes/biscuits, going for walks, educational trips, doing some basic education at the house which may include playing games, colouring, arts, and crafts.

Your Social Worker may arrange for a Home Tutor to come to see you at Beech Tree Farm not for you to miss out.

We have teachers who work for Priority Childcare, and they work at the other's houses. Your Social Worker may agree for you to attend there. We will take you to and from the other home.

Staff will stay with you if it is in your plan, which we can talk to your Social Worker about.



KEEPING IN CONTACT

There will be a plan in place for your contact with your family or other important people in your life.

Your Social Worker will let us know when you come to stay with us who they are. A meeting will take place with your Social Worker, and this is usually after you move into Beech Tree Farm.

When you have someone coming to see you, they will be able to see you in the living room, your bedroom or if the weather is good, we have a great back garden you can spend time in. We want you to be happy and make friends when you stay with us. We would like to know your friend's names, where they live and get to meet them. We will put a plan in place to help you meet them and be able to go on activities in the community if it is a safe place to go. We might also come with you to make sure you are okay.





Your social worker will visit you regularly and we will keep in touch with them to let the know how you are doing. If you wanted to speak to your Social Worker, please tell us and we can phone them for you.





STAYING HEALTHY -

When you arrive, we will register you with a local doctor, dentist, and an optician, if you are not able to stay with the one you were with before moving

here. We will take you to regular appointments to make sure your teeth and eyes are okay.

If you are ever feeling unwell though, please tell one of the staff and they will take care of you. They will phone the Doctor and make an appointment for you to see them. Your Social Worker will also give us permission to be able to go the chemist to have some over the counter medication, if needed, to help us to look after you.

AT Beech Tree Farm we have a weekly menu board in the kitchen with healthy food options. We will encourage you to be fit and healthy and there will always be healthy snacks available at Beech Tree Farm. We will encourage you to make healthy meal choices but understand that not everyone likes everything so you will be involved in choosing the meals and what is bought in the house shop.

EXPECTATIONS

We have some rules at Beech Tree Farm, which are for everyone to be able to live in a home which is comfortable and safe.

- Beech Tree Farm has a no smoking policy.
- Staff will check your bedroom daily to make sure it is clean & tidy.
- Should staff have any concerns for the safety of yourself or others they can access your bedroom without consulting you.
- We have a zero-tolerance policy on drugs and alcohol.
- Any screen time is pre agreed.
- Internet & mobile phones have under 18 privileges, we will discuss this with you and your social worker.



- We ask for you to be polite to everyone, visitors too, no matter how you feel, though we know this can be difficult at times.
- We will ask you to help us to do some jobs around the house to keep your home clean and tidy. Some jobs might be helping to put your dirty dishes in the kitchen after using them or putting sweet, crisp paper in the bin, helping to keep all the house and the garden tidy.
- We ask for you not to break anything, but if you do see anything damaged around the home, please let staff know.
- We ask for you to go to your bed on time, which will be agreed when you move in. Your Social Worker will also have a say about what time this will be.
- We will call you in the mornings to make sure you are ready for any appointments that you may have and to check that you are okay.











HEALTH & SAFETY –



The staff will do health and safety checks every week this may include setting off the fire alarms and doing evacuations If there is a fire then everyone must go and stand together in the car parking area, the staff will show you what to do on your first day at Beech Tree Farm and you can always take part doing the weekly checks if you

want to!

If you ever see something which worries you, you tell a member of staff.

EXTRA SUPPORT & HELP

MAKING A COMPLAINT – IF THERE IS ANYTHING YOU ARE CONCERNED ABOUT A GUIDE ABOUT COMPLAINTS WITH THIS BOOKLET.

ADVOCACY - if you need any help or support with big issues that we can't help you with then the home can contact advocacy services to meet with you and speak on your behalf for serious or legal issues.

TALK TO STAFF - If you are not happy about the way you are being looked after, you may want to talk about how you are feeling, and staff will be here to listen and will write down what is making you unhappy, or you can write it down.

RESPONSIBLE INDIVIDUAL



There is a responsible individual for Beech Tree Farm. Her name is Hayley Phillips, and she will visit the home regularly as she makes sure the home is run well and everyone is safe and happy. There is a poster on the wall with Hayley and all the people you may need to contact in Priority Childcare if you wish to raise a concern.

'Hi and Welcome to Beech Tree Farm. I am Hayley Phillips, I look forward to chatting with you when I visit. Please let me know if you are unhappy with anything and I will try my best to help you. I will ask you to show me your bedroom. I like to check that you have everything you need. Your key worker will meet with you when you first move in and they will show you important things such as how to make a complaint. The staff have my details if you would like to contact me or if you prefer to speak to somebody else you can contact Head office on 02920029922."

You can also phone your Social Worker or Advocacy Service, Worker. We can help you to phone them if you wish.

- Social Worker: -.....Telephone number
- Advocacy SERVICE:Telephone number

VISITORS TO THE HOME

SOME IMPORTANT TELEPHONE NUMBERS

Child line: 0800 1111 **NSPCC** 0800 0560566 Kidscape (advice and info on bullying) 02077 303300 0800 616101 **National Youth Advocacy Service** 08453 030900 **Victim Support** National Drugs Helpline 0800 776600 Lesbian and Gay Switchboard 02078 377324 Sexual Health Wales 08456 048484 02920 729200 Commission for Racial Equality

Children's Commissioner for Wales

Oystermouth House

Charter Court

Phoenix Way

Llansamlet

Swansea

SA7 9FS

• Telephone:-01792765600 Email: post@childcomwales.org.uk

- CIW
- Welsh Government Office
- Rhydycar Business Park
- Merthry Tydfil
- CF48 1UZ
- Tel: 0300 7900 126
- Email: ciw@gov.wales
- If there are any other numbers you need, ask one of the staff and we can write them in here.